

# MyNurse 24/7

*Medical Help Line for  
International Students*

**1-866-549-5076**



## Why call MyNurse 24/7®?

MyNurse 24/7 features friendly, experienced Registered Nurses who can help you decide what your best choices are and are available day or night. They can assist you with any health issues or questions, and can provide general health and wellness information.

**Both the call and the service are free and available 24 hours, 365 days a year.  
In addition, translator services are available in 200 languages.**

## When should I think about going...

### TO THE STUDENT HEALTH CENTER OR URGENT CARE

- Colds, Coughs, and Sore Throats •
- Earaches •
- Minor Cuts •
- Potential Muscle / Ligament Strain •
- Sunburn / Minor Cooking Burn •
- Itchy Skin/ Rashes •
- Fever / Flu •
- Sexually Transmitted Diseases •
- Pregnancy Testing •
- Problems with Urination •

### TO THE EMERGENCY ROOM

- Loss of Consciousness
- Intolerable / Uncontrollable Pain
- Shortness of Breath
- Chest Pain / Pressure
- Poisoning
- Major Injuries
- Severe / Worsening Insect Bite or Allergic Reaction
- Unable to Move
- Severe Bleeding
- Deep Cuts requiring stitches
- Broken Bone

**1-866-549-5076**

Call Toll-Free 24 hours, 365 Days a Year

In case of emergency, call 911